

December 2018

ASSISTED LIVING



RHODA
GOLDMAN
PLAZA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30 10:00 Exercise with Phil 1:00 Card Games with Eric 3:00 Chelsea Wong Classical Piano Concert 7:00 Movie</p>	<p>31 9:00 Exercise with Caroline 10:30 Board Games with Joe 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Eight Symphonies** 4:30 Crossword 7:00 Movie</p>	<p>LOCAL SHOPPING usually Tuesdays at 10:30 am and Thursdays at 2:30 pm. To ensure the most accurate time, check in with Front Desk. Please Note: Activities and transportation are subject to change. MEDICAL VAN drop offs must be scheduled at least 24 hours in advance and are on Mondays, Wednesdays, and Fridays. LAST MEDICAL PICK-UPS are Mondays at 3:00pm, Wednesdays at 3:30pm, and Fridays at 1pm. SATURDAY TRANSPORTATION drop offs must be scheduled at least 24 hours in advance. The earliest the van leaves is at 8:40 am.</p>			<p>* = Great Courses Plus – video course ** = Frommcast – video broadcast from Fromm Institute for Lifelong Learning at USF</p>	<p>1 Local Shopping 2:30 pm 10:00 Walking Club 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:20 Chanukah Songs 1:30 Rummikub 3:30 Joy of Science* 7:00 Movie</p>
<p>2 Erev Chanukah 10:00 Exercise with Phil 1:00 Card Games with Eric 3:00 Lovin' Harmony Trio 5:00 Chanukah Candle Lighting 7:00 Movie</p>	<p>3 Chanukah 9:00 Exercise with Caroline 10:00 Chanukah Collages with Collage Artist Denise Fielder 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Eight Symphonies** 4:30 Crossword 5:00 Chanukah Candle Lighting 7:00 Movie</p>	<p>4 Chanukah Local Shopping 2:30 pm 9:15 Tai Chi with Janet 10:00 Dominoes 10:30 Zenjoi Virtual Reality Exercise Demonstration 10:45 Outing: Contemporary Jewish Museum 1:00 Rummikub 2:00 Jewelry with Shannon 3:00 Matinee Movie 3:30 Painting with Kimberley 5:00 Chanukah Candle Lighting 7:00 Movie</p>	<p>5 Chanukah 9:00 Klezmercise! with Bruce 10:30 Storytelling with Bruce 11:00 Open Gym with a Trainer 1:00 Activities Committee 2:00 Scrabble 3:15 Memory Loss Support Group 5:00 Chanukah Candle Lighting 7:00 Movie</p>	<p>6 Chanukah Stonestown Shopping 2:30 pm 9:00 Exercise with Carl 10:00 Ceramics with Jeannie 10:30 Hitchcock Movie Discussion with Cary Pepper 1:00 Outing: International Art Museum of America 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 5:00 Chanukah Candle Lighting *No Movie</p>	<p>7 Chanukah 9:00 Exercise with Caroline 10:30 Venice, Veneto & Middle East: Golden & Silver Ages** 2:00 Knitting with Max 4:00 Shabbat Services with Rabbi Me'irah 5:00 Chanukah Candle Lighting 7:00 Movie</p>	<p>8 Chanukah 10:00 Walking Club 10:00 SPCA- Jill/Bear 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 Joy of Science* 5:00 Chanukah Candle Lighting 7:00 Movie</p>
<p>9 Chanukah 10:00 Exercise with Phil 10:30 Nails with Julia 11:00 Creative Writing w/ Dorothy 1:00 Card Games with Eric 2:00 Mark Levy Chanukah Concert 5:00 Chanukah Candle Lighting 7:00 Movie</p>	<p>10 Chanukah 9:00 Exercise with Caroline 10:30 John Rothmann 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Eight Symphonies** 4:30 Crossword 7:00 Movie</p>	<p>11 Stonestown Shopping 2:30 pm 9:15 Tai Chi with Janet 10:00 Dominoes 10:30 Script Reading with Lauren 12:30 Outing: Hidden Sausalito and Its Floating Suburbs 1:00 Rummikub with JFCS Young Professional Volunteers 1:00 Art Studio with JFCS Young Professional Volunteers 3:30 Painting with Kimberley *Employee Appreciation Party, No Movie</p>	<p>12 9:00 Klezmercise! w/ Bruce 10:30 Musical Theater w/ Bruce 11:00 Open Gym with a Trainer 1:00 Lecture with Multidisciplinary artist and activist Aida Lizalde 2:00 Scrabble 3:00 Matinee Movie 3:30 Jewelry with Shannon 7:00 Movie</p>	<p>13 Local Shopping 2:30 pm 9:00 Exercise with Carl 10:00 Ceramics with Jeannie 10:30 Hitchcock Movie Discussion with Cary Pepper 11:30 Outing: Chabot Space and Science Center 1:30 Chair Yoga with Ilya 3:00 The Origins of Eastern Europe Jews with Ken Blady 7:00 Movie</p>	<p>14 9:00 Exercise with Caroline 10:30 Venice, Veneto & Middle East: Golden & Silver Ages** 1:00 Greg Pond Poetry Reading 1:30 <i>History Committee</i> 2:00 Knitting with Max 4:00 Shabbat Services with Rabbi Me'irah with clarinetist Corey Weinstein 7:00 Movie</p>	<p>15 Met Opera –La Traviata 10:00 Walking Club 10:00 SPCA- Michelle/ Chloe 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 RummiKub 3:30 Joy of Science * 7:00 Movie</p>
<p>16 10:00 Exercise with Phil 11:00 Poetry with Elizabeth 1:00 Card Games with Eric 2:00 Yakov Violin Concert 7:00 Movie</p>	<p>17 9:00 Exercise with Caroline 10:30 Joke Telling with Len 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Eight Symphonies** 4:30 Crossword 7:00 Movie</p>	<p>18 Local Shopping 2:30pm 9:15 Tai Chi with Janet 10:00 Dominoes 10:30 Gardening with Elizabeth 1:00 Outing: Legion of Honor 1:00 Rummikub 2:00 Meditation with Devon 3:00 Matinee Movie 3:30 Painting with Kimberley 7:00 Movie</p>	<p>19 9:00 Klezmercise! With Bruce 10:30 Make 'em Laugh with Bonnie Weiss 11:00 Open Gym with a Trainer 1:00 Blackjack with Ira 2:00 Scrabble 3:15 Memory Loss Support Group 4:00 Tea with Rabbi Me'irah 7:00 Movie</p>	<p>20 Local Shopping 2:30 pm 9:00 Exercise with Carl 10:00 Ceramics with Jeannie 1:00 Outing: Global Museum 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 4:15 French Club 7:00 Movie</p>	<p>21 9:00 Exercise with Caroline 10:00 <i>Dining Room Committee</i> 10:30 Venice, Veneto & Middle East: Golden & Silver Ages** 2:00 Knitting with Max 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>22 Local Shopping 2:30 pm 10:00 Walking Club 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 Joy of Science * 7:00 Movie</p>
<p>23 10:00 Exercise with Phil 11:00 Printmaking with Shannon 1:00 Card Games with Eric 3:00 Moonglow Duo 7:00 Movie</p>	<p>24 9:00 Exercise with Caroline 10:30 John Rothmann 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Eight Symphonies** 4:30 Crossword 7:00 Movie</p>	<p>25 No Transportation 9:15 Tai Chi with Janet 10:00 Dominoes 1:00 Rummikub 3:00 Matinee Movie 3:30 Painting with Kimberley 7:00 Movie</p>	<p>26 9:00 Klezmercise! w/ Bruce 10:00 Creative Writing w/ Dorothy 11:00 Flowers with Emma 2:00 Resident Council 5:00 December Birthday Dinner 7:00 Movie</p>	<p>27 Local Shopping 2:30 pm 9:00 Exercise with Carl 10:00 Ceramics with Jeannie 11:30 Outing: Spruce 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 7:00 Movie</p>	<p>28 9:00 Exercise with Caroline 10:30 Venice, Veneto & Middle East: Golden & Silver Ages** 2:00 Knitting with Max 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>29 10:00 Walking Club 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 2:00 Outing: Fort Mason: Museo Italo American 3:30 Joy of Science</p>