

April 2019

ASSISTED LIVING



RHODA
GOLDMAN
PLAZA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Exercise with Caroline 10:30 John Rothmann 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Puccini Please** 4:30 Crossword 7:00 Movie	2 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:00 Printmaking with Lisa 1:00 Outing: Bonsai Garden at Lake Merritt 1:00 Rummikub 3:00 Israeli Elections with Sam Lauter 3:30 Painting with Kimberley 7:00 Movie	3 9:00 Klezmercise! With Bruce 10:00 Ceramics with Jeannie 10:30 Storytelling with Bruce 11:00 Open Gym with a Trainer 1:00 Activities Committee 2:00 Scrabble 3:15 Memory Loss Support Group 7:00 Movie	4 Local Shopping 2:30 pm 9:00 Exercise with Carl 10:00 Bingo 1:00 Outing: Aquarium of the Bay 1:30 Chair Yoga with Ilya *Activity Room CLOSED starting at 2:30 pm	5 9:00 Exercise with Caroline 10:00 Dominoes 10:30 The Last Good War** 1:00 Laughter Yoga with Alona 1:30 Knitting with Max 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie	6 Local Shopping 2:30 pm 10:00 SPCA Animal Visit 10:00 Walking Club 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 Joy of Science* 7:00 Movie
7 10:00 Exercise with Phil 1:00 Card Games with Eric 2:00 Klezmer Soul Band 4:15 Current Events with Jim 7:00 Movie	8 9:00 Exercise with Caroline 10:15 Yiddish Club with Rabbi Nosson Potash 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Puccini Please** 4:30 Crossword 7:00 Movie	9 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:00 Jewelry with Lisa 1:00 Outing: JCC Art of Aging Gracefully Resource Fair 1:00 Rummikub 2:00 Jewish Film Festival Screening 3:30 Painting with Kimberley 7:00 Movie	10 9:00 Klezmercise! With Bruce 10:00 Ceramics with Jeannie 11:00 Open Gym with a Trainer 1:00 Activities Committee 2:00 Scrabble 3:00 Matinee Movie 7:00 Movie	11 Target Shopping 2:30 pm 9:00 Exercise with Carl 10:00 Bingo 1:00 Outing: de Young Museum 1:30 Chair Yoga with Ilya 3:00 Ken Blady and the Exotic History of Jews 3:00 Scrabble *Activity Room closed 4-8 pm	12 9:00 Exercise with Caroline 10:00 Dominoes 10:30 The Last Good War** 1:00 Greg Pond Poetry Reading 1:30 Knitting with Max 3:00 JFCS Holiday Outreach 4:00 Shabbat Services with Rabbi Me'irah <i>*Activity Room</i> 7:00 Movie	13 10:00 SPCA Animal Visit 10:00 Walking Club 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 Joy of Science* 7:00 Movie
14 10:00 Exercise with Phil 10:30 <i>Nails with Julia</i> 1:00 Card Games with Eric 2:00 Yakov Violin Concert 4:15 Current Events with Jim 7:00 Movie	15 9:00 Exercise with Caroline 10:30 Board Games with Joe 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Puccini Please** 4:30 Crossword 7:00 RGP Book Club 7:00 Movie	16 Costco Shopping 2:30 pm 9:15 Tai Chi with Janet 10:30 Creative Writing w/ Dorothy 11:30 Outing: Piatti Italian Restaurant 1:00 Rummikub 1:30 Matinee Movie 3:30 Painting with Kimberley 7:00 Movie	17 9:00 Klezmercise! With Bruce 10:00 Ceramics with Jeannie 10:30 Musical Theater with Bruce 11:00 Open Gym with a Trainer 1:00 Matinee Movie 2:00 Scrabble 3:15 Memory Loss Support Group 4:00 Tea with Rabbi Me'irah 7:00 Movie	18 Local Shopping 10:30 am 9:00 Exercise with Carl 10:00 Bingo 1:00 Outing: Frena Bakey 1:30 Chair Yoga with Ilya 3:00 Men of the Silver Screen with Bonnie Weiss 7:00 Movie	19 Erev Pessach 9:00 Exercise with Caroline 10:00 Dominoes 10:30 The Last Good War** 5:00 Passover Seder	20 Pessach 10:00 Walking Club 10:30 SPCA Animal Visit 10:30 Chair Yoga with Ilya 1:30 Rummikub 5:00 Passover Seder
21 Pessach 10:00 Exercise with Sally 11:00 Poetry with Elizabeth 1:00 Card Games with Eric 2:30 Mark Levy Passover Concert 4:15 Current Events with Jim 7:00 Movie	22 Pessach 9:00 Exercise with Caroline 10:30 Joke Telling with Len 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Puccini Please** 4:30 Crossword 7:00 Movie	23 Pessach Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:30 Gardening with Elizabeth 1:00 Outing: Sloat Garden Center 1:00 Rummikub 3:00 Matinee Movie 3:30 Painting with Kimberley 7:00 Movie	24 Pessach 9:00 Exercise with Sally 10:00 Ceramics with Jeannie 11:00 Open Gym with a Trainer 1:00 Flowers with Emma 2:00 Resident Council 5:00 April Birthday Dinner 7:00 Movie	25 Pessach Local Shopping 2:30 pm 9:00 Exercise with Carl 10:00 Bingo 1:00 Outing: Transportation to the Symphony 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 7:00 Movie	26 Pessach 9:00 Exercise with Caroline 10:00 Dominoes 10:00 <i>Dining Room Committee</i> 10:30 The Last Good War** 1:30 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie	27 Pessach *No Synagogue Transportation 10:00 Walking Club 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 Joy of Science* 7:00 Movie
28 10:00 Exercise with Phil 1:00 Card Games with Eric 2:30 Ian Scarf Concert 4:15 Current Events with Jim 7:00 Movie	29 9:00 Exercise with Caroline 10:30 Fred Rosenbaum Lecture 1:00 Bingo 2:00 Weekly Movie Committee 3:00 Puccini Please** 4:30 Crossword 7:00 Movie	30 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:00 Jewelry with Lisa 1:00 Outing: Heath Ceramics 1:00 Rummikub 3:00 Matinee Movie 3:30 Painting with Kimberley 7:00 Movie	<p>LOCAL SHOPPING is usually Tuesdays at 10:30 am and Thursdays at 2:30 pm. To ensure the most accurate time, check in with Front Desk. Please Note: Activities and transportation are subject to change. Check <i>Today at the Plaza</i> daily for the most accurate schedule.</p> <p>MEDICAL VAN drop offs must be scheduled at least 24 hours in advance and are on Mondays, Wednesdays, and Fridays.</p> <p>LAST MEDICAL PICK-UPS are Mondays at 3:00pm, Wednesdays at 3:30pm, and Fridays at 1pm.</p> <p>SATURDAY TRANSPORTATION drop offs must be scheduled at least 24 hours in advance. The earliest the van leaves is at 8:40 am.</p>			<p>* = Great Courses Plus – video course</p> <p>** = Frommcast – video broadcast from Fromm Institute for Lifelong Learning at USF</p>