

May 2019

ASSISTED LIVING



RHODA
GOLDMAN
PLAZA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>LOCAL SHOPPING is usually Tuesdays at 10:30 am and Thursdays at 2:30 pm. To ensure the most accurate time, check in with Front Desk. Please Note: Activities and transportation are subject to change. Check Today at the Plaza daily for the most accurate schedule.</p> <p>MEDICAL VAN drop offs must be scheduled at least 24 hours in advance and are on Mondays, Wednesdays, and Fridays.</p> <p>LAST MEDICAL PICK-UPS are Mondays at 3:00pm, Wednesdays at 3:30pm, and Fridays at 1pm.</p> <p>SATURDAY TRANSPORTATION drop offs must be scheduled at least 24 hours in advance. The earliest the van leaves is at 8:40 am.</p>						
<p>5 10:00 Exercise with Phil 1:00 Card Games with Eric 2:00 Jean Henry School of Art Portrait Show Reception 3:00 Gary Zellerbach Jazz Performance 4:15 Current Events with Jim 7:00 Movie</p>	<p>6 9:00 Exercise with Caroline 10:00 Outing: Presidio Dance Theatre Children's Day Performance 1:00 Bingo 2:15 Weekly Movie Committee 3:15 Puccini Please** 4:30 Crossword 7:00 Movie</p>	<p>7 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:00 Blackjack with Bethany 10:30 Tigges Jewelry Repair 10:30 American Bone Health: Prevent Bone Fractures with Hope Levy 1:00 Outing: Berggruen Gallery 1:00 Rummikub 3:30 Painting with Kimberley 7:00 Movie</p>	<p>8 Yom Hazikharon 9:00 Klezmercise! With Bruce 10:00 Ceramics with Jeannie 10:30 Musical Theater with Bruce 1:00 Matinee Movie 2:00 Scrabble 7:00 Movie</p>	<p>9 Yom Haatzmaut 9:00 Exercise with Carl 10:00 Hearing and Speech Center Presentation: What's New in High Tech Hearing 1:00 Outing: JUST Inc. Foods 1:30 Chair Yoga with Ilya 3:00 Meet & Greet with Japanese Nursing Students 7:00 Movie</p>	<p>10 9:00 Exercise with Caroline 10:00 Dominoes 10:30 The Last Good War ** 1:00 Greg Pond Poetry Reading 1:30 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>11 Met Opera: Dialogues des Carmelites 9:30 Walking Club 10:00 Caregiver Support Group 10:00 SPCA Animal Visit 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 Joy of Science* 7:00 Movie</p>
<p>12 Mother's Day 10:00 Exercise with Phil 10:30 <i>Nails with Julia</i> 1:00 Card Games with Eric 3:00 Nick Rossi Concert 4:15 Current Events with Jim 7:00 Movie</p>	<p>13 9:00 Exercise with Caroline 10:30 <i>To Be Determined</i> 1:00 Bingo 2:15 Weekly Movie Committee 3:15 Puccini Please** 4:30 Crossword 7:00 Movie</p>	<p>14 Costco Shopping 10:30 am 9:15 Tai Chi with Janet 10:00 Blackjack with Bethany 10:45 Men of the Silver Screen with Bonnie Weiss 1:00 Outing: Lest We Forget: A Holocaust Memorial Exhibition 1:00 Rummikub 2:00 Jewish Film Festival Screening 3:30 Painting with Kimberley 7:00 Movie</p>	<p>15 9:00 Klezmercise! with Bruce 10:00 Ceramics with Jeannie 11:00 Open Gym with a Trainer 1:00 Matinee Movie 2:00 Scrabble 4:00 Tea with Rabbi Me'irah 7:00 Movie</p>	<p>16 Local Shopping 2:30 pm 9:00 Exercise with Carl 10:30 Memory Loss Support Group 1:00 Outing: Mills College Art Museum 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 7:00 Movie</p>	<p>17 9:00 Exercise with Caroline 10:00 Dominoes 10:30 The Last Good War ** 1:00 Matinee Movie 1:30 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah *<i>Activity Room</i> 7:00 Movie</p>	<p>18 Local Shopping 2:30 pm 9:30 Walking Club 10:00 SPCA Animal Visit 10:30 Chair Yoga with Ilya 11:00 Poetry with Elizabeth 1:00 Matinee Movie 1:30 Rummikub 3:30 Joy of Science* 7:00 Movie</p>
<p>19 10:00 Exercise with Phil 1:00 Card Games with Eric 2:30 Ian Scarf Duo Concert 4:15 Current Events with Jim 7:00 Movie</p>	<p>20 9:00 Exercise with Caroline 10:30 Joke Telling with Len 1:00 Bingo 2:15 Weekly Movie Committee 3:00 Puccini Please** 4:30 Crossword 7:00 RGP Book Club 7:00 Movie</p>	<p>21 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:30 Gardening with Elizabeth 11:30 Outing: Gott's Roadside 1:00 Rummikub 3:00 Matinee Movie 3:30 Painting with Kimberley 6:00 Eos Ensemble Performance</p>	<p>22 9:00 Klezmercise! With Bruce 10:00 Ceramics with Jeannie 11:00 Open Gym with a Trainer 1:00 Blackjack with Ira 2:00 Scrabble 3:00 Matinee Movie 7:00 Movie</p>	<p>23 Lag BaOmer Symphony Transportation 1pm 9:00 Exercise with Carl 10:00 Bingo 11:30 Outing: Picnic at Chrissy Field 1:30 Chair Yoga with Ilya 3:00 The Exotic History of Jews with Ken Blady 7:00 Movie</p>	<p>24 9:00 Exercise with Caroline 10:00 Dominoes 10:30 The Last Good War ** 1:30 Knitting with Melanie 3:00 Sing-a-Long with Achi 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>25 10:00 Walking Club 10:00 Caregiver Support Group 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 Joy of Science* 7:00 Movie</p>
<p>26 10:00 Exercise with Phil 1:00 Card Games with Eric 3:00 Lovin' Harmony Memorial Day Show 4:15 Current Events with Jim 7:00 Movie</p>	<p>27 Memorial Day 9:00 Exercise with Caroline 10:30 <i>To Be Determined</i> 1:00 Bingo 2:15 Weekly Movie Committee 3:15 Puccini Please** 4:30 Crossword 7:00 Movie</p>	<p>28 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:00 Blackjack with Bethany 10:30 Creative Writing w/ Dorothy 12:30 Outing: Academy of Sciences 1:00 Rummikub 3:00 Matinee Movie 3:30 Painting with Kimberley 7:00 Movie</p>	<p>29 9:00 Klezmercise! With Bruce 10:00 Ceramics with Jeannie 11:00 Open Gym with a Trainer 2:00 Resident Council 3:15 Memory Loss Support Group 5:00 May Birthday Dinner 7:00 Movie</p>	<p>30 Local Shopping 2:30 pm 9:00 Exercise with Carl 10:00 Costumes of the Ballets Russes with William Eddelman 1:00 Outing: Hearst Museum of Anthropology 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 7:00 Movie</p>	<p>31 9:00 Exercise with Caroline 10:00 Dominoes 10:00 <i>Dining Room Committee</i> 10:30 Laughter Yoga with Alona 1:30 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>* = Great Courses Plus – video course</p> <p>** = Frommcast – video broadcast from Fromm Institute for Lifelong Learning at USF</p>