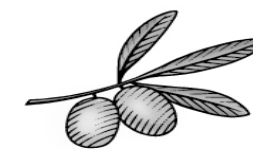


June 2019

ASSISTED LIVING



RHODA
GOLDMAN
PLAZA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30 9:30 Urban Hiking with Dorie 10:00 Exercise with Sally 1:00 Card Games with Eric 3:00 Nikolai Massenkoff Vocal Performance 4:15 Current Events with Jim 7:00 Movie</p>		<p>* = Great Courses Plus – video course</p> <p>** = Frommcast – video broadcast from Fromm Institute for Lifelong Learning at USF</p>	<p>LOCAL SHOPPING is usually Tuesdays at 10:30 am and Thursdays at 2:30 pm. To ensure the most accurate time, check in with Front Desk. Please Note: Activities and transportation are subject to change. Check <i>Today at the Plaza</i> daily for the most accurate schedule.</p> <p>MEDICAL VAN drop offs must be scheduled at least 24 hours in advance and are on Mondays, Wednesdays, and Fridays.</p> <p>LAST MEDICAL PICK-UPS are Mondays at 3:00pm, Wednesdays at 3:30pm, and Fridays at 1pm.</p> <p>SATURDAY TRANSPORTATION drop offs must be scheduled at least 24 hours in advance. The earliest the van leaves is at 8:40 am.</p>			<p>1 Local Shopping 2:30 pm 10:00 Walking Club 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 The Aging Brain* 7:00 Movie</p>
<p>2 Yom Yerushalayim 9:30 Urban Hiking with Dorie 10:00 Exercise with Phil 1:00 Rummikub 3:00 Moonglow Duo 4:15 Current Events with Jim 7:00 Movie</p>	<p>3 9:00 Exercise with Caroline 10:30 Joke Telling with Len 1:00 Bingo 2:15 Weekly Movie Committee 3:15 The Richness of Rossini** 4:30 Crossword 7:00 Movie</p>	<p>4 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:30 Tigges Jewelry Repair 10:30 Plaza Social Club: What is Shavuot and Why Do Jews Celebrate? 12:00 Outing: Lunch at FISH 1:00 Rummikub 3:30 Painting with Kimberley 7:00 Movie</p>	<p>5 9:00 Klezmercise! With Bruce 10:00 Ceramics with Georgi 10:30 Storytelling With Bruce 11:00 Open Gym with a Trainer 1:00 Activities Committee 2:00 Scrabble 3:00 Matinee Movie 7:00 Movie</p>	<p>6 Lake Shore Plaza Shopping 2:30pm 9:00 Exercise with Carl 10:00 Sing-a-long with Georgi 11:30 Outing: Jelly Belly Factory 1:30 Exercise with Sally 3:00 Matinee Movie 7:00 Movie</p>	<p>7 9:00 Exercise with Caroline 10:00 Dominoes 10:30 The Last Good War** 1:00 Matinee Movie 2:00 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>8 Erev Shavuot 10:00 Walking Club 10:00 Caregiver Support Group 10:30 Exercise with Sally 1:00 Matinee Movie 1:30 Rummikub 3:30 The Aging Brain* 7:00 Movie</p>
<p>9 Shavuot 9:30 Urban Hiking with Dorie 10:00 Exercise with Phil 10:30 <i>Nails with Julia</i> 1:00 Card Games with Eric 2:00 Yakov Violin Performance 3:15 Tech Education Workshop with Joel 4:15 Current Events with Jim 7:00 Movie</p>	<p>10 Shavuot 9:00 Exercise with Caroline 10:30 John Rothmann 1:00 Bingo 2:15 Weekly Movie Committee 3:15 The Richness of Rossini** 4:30 Crossword 7:00 Movie</p>	<p>11 Target Shopping 9:30 am 9:15 Tai Chi with Janet 10:45 Men of the Silver Screen with Bonnie Weiss 12:15 Outing: Marine Mammal Center 1:00 Rummikub 3:30 Painting with Kimberley 7:00 Movie</p>	<p>12 *No transportation 9:00 Klezmercise! With Bruce 10:00 Ceramics with Georgi 10:30 Musical Theatre with Bruce 11:00 Open Gym with a Trainer 1:00 Healthier Living Workshop 2:00 Scrabble 3:15 Memory Loss Support Group 7:00 Movie</p>	<p>13 Local Shopping 2:30 pm 8:30 Outing: Senior Stroll at the Zoo 9:00 Exercise with Carl 10:00 Bingo 1:00 Matinee Movie 1:30 Chair Yoga with Ilya 3:00 The Exotic History of Jews with Ken Blady 7:00 Movie</p>	<p>14 9:00 Exercise with Caroline 10:00 Dominoes 10:30 Spy Movies** 1:00 Greg Pond Poetry Reading 2:00 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>15 Local Shopping 2:30 pm 10:00 Walking Club 10:30 Chair Yoga with Ilya 11:00 Poetry with Elizabeth 1:00 Matinee Movie 1:30 Rummikub 3:30 The Aging Brain* 7:00 Movie</p>
<p>16 Father's Day 9:30 Urban Hiking with Dorie 10:00 Exercise with Phil 1:00 Card Games with Eric 2:00 Tin Pan Alley Singers 4:15 Current Events with Jim 7:00 Movie</p>	<p>17 9:00 Exercise with Caroline 10:30 1:00 Bingo 2:15 Weekly Movie Committee 3:15 The Richness of Rossini** 4:30 Crossword 7:00 RGP Book Club 7:00 Movie</p>	<p>18 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:30 Gardening with Elizabeth 1:00 Outing: Muir Woods 1:00 Rummikub 3:00 Matinee Movie 7:00 Movie</p>	<p>19 9:00 Klezmercise! With Bruce 10:00 Ceramics with Georgi 11:00 Open Gym with a Trainer 1:00 Healthier Living Workshop 1:00 Blackjack with Ira 2:00 Scrabble 4:00 Tea with BAJHC Rabbi 5:00 June Birthday Dinner <i>Night One</i> 7:00 Movie</p>	<p>20 Symphony Transportation 1 pm 9:00 Exercise with Carl 10:00 Sing-A-Long with Georgi 1:00 Outing: SF MOMA Andy Warhol A to B 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 7:00 Movie</p>	<p>21 9:00 Exercise with Caroline 10:00 Dominoes 10:30 Spy Movies** 1:00 Matinee Movie 2:00 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>22 10:00 Walking Club 10:00 Caregiver Support Group 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 The Aging Brain* 7:00 Movie</p>
<p>23 9:30 Urban Hiking with Dorie 10:00 Exercise with Phil 1:00 Card Games with Eric 3:00 Gustavo Romero Performance 4:15 Current Events with Jim 7:00 Movie</p>	<p>24 9:00 Exercise with Caroline 10:30 John Rothmann 1:00 Bingo 2:15 Weekly Movie Committee 3:15 The Richness of Rossini** 4:30 Crossword 7:00 Movie</p>	<p>25 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:30 Creative Writing w/ Dorothy 1:00 Outing: Historic Vessels at Hyde Street Pier 1:00 Rummikub 3:00 Matinee Movie 7:00 Movie</p>	<p>26 9:00 <i>Klezmercise! With Bruce</i> 10:00 Ceramics with Georgi 11:00 Open Gym with a Trainer 1:00 Flowers with Georgi 2:00 Resident Council 3:15 Memory Loss Support Group 5:00 June Birthday Dinner <i>Night Two</i> 7:00 Movie</p>	<p>27 Local Shopping 2:30 pm 9:00 Exercise with Carl 10:00 Bingo 11:30 Outing: Lunch at Great China 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 7:00 Movie</p>	<p>28 9:00 Exercise with Caroline 10:00 <i>Dining Room Committee</i> 10:00 Dominoes 10:30 Spy Movies** 1:00 Matinee Movie 2:00 Knitting with Melanie 3:00 Sing-A-Long with Achi 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>29 Local Shopping 2:30 pm 10:00 Walking Club 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 The Aging Brain* 7:00 Movie</p>