

PLAZA

SOCIAL CLUB

AT THE BEAUTIFUL RHODA GOLDMAN PLAZA AND JFCS CAMPUS

This Month at the Plaza Social Club: September 2019

All programs will begin at 10:30 am

Tuesday, September 3

Community Choirs and Promoting Well-Being: Presentation of Research and Discussion

Dr. Julene Johnson

Join Dr. Julene Johnson, Associate Dean of Research for UCSF School of Nursing and the Associate Director at the UCSF Institute for Health and Aging, as she discusses her current research on Community Choirs in Promoting Well-Being. Her *Community of Voices* research study (2012-2018) examined whether singing in a community choir could promote health and well-being among culturally diverse older adults. Her goal was to provide scientific-based evidence that community arts programs can be used to promote health – and the results are positive! Join us for the interesting details.

Tuesday, September 10

Classical Concert

Black Cedar Trio

The Black Cedar Trio brings their award-winning blend of flute, cello, and guitar to the Plaza Social Club with “Virtuosity Defined: Music of Bach, Paganini, Piazzolla, and Chilean composer Javier Contreras.” It’s artistry for the soul and rapid fire fingers for the ears. After the trio’s recent San Francisco show, Stephen Smoliar of the Rehearsal Studio blog wrote, “*Contreras’ music was an examination of not only the unique sonorities of each of the three instruments but also a rich study of how those sonorities could be blended in different combinations... clearly a major undertaking; but those willing to listen to it attentively were richly rewarded.*”

Tuesday, September 17

When Artists Shoot Fashion

Avril Angevine

Come explore fashion advertising when it began in the 19th century with returning art lecturer, Avril Angevine. Learn how photography replaced sketches as the way fashion was presented in magazines, and look at the work of fine art photographers whose fashion work helped define and refine this important genre of photography.

Tuesday, September 24

Things You Never Knew About Entering the High Holidays

Jewish Family and Children’s Services Rabbi Daniel Isaacson

Join us as we take a deeper look at the significance of the High Holidays: Rosh Hashanah, Yom Kippur, and Sukkot.