

PLAZA

SOCIAL CLUB

AT THE BEAUTIFUL RHODA GOLDMAN PLAZA AND JFCS CAMPUS

This Month at the Plaza Social Club: March, 2020

Programs will begin at 10:30 am

Out of respect, we are keeping our events fragrance free. Thank you!

Tuesday, March 3

Song and Dance Men of the Silver Screen: The Fabulous Fred Astaire

Bonnie Weiss

Join Bonnie Weiss, seasoned theater educator, historian, and writer, as she teaches us about Fred Astaire! Learn about Fred's early life and sensational career through moments of dance and song from such films as "Flying Down to Rio," "The Gay Divorcee," "Top Hat," "Swing Time" and more.

Tuesday, March 10

Baroque Music

Nash Baroque

Nash Baroque is a Bay Area period chamber ensemble whose repertoire ranges from the early baroque to the classical, with a focus on the French Baroque. Enjoy the music as they perform lively music on period instruments, using original source materials to inform their interpretation. The ensemble is comprised of Vicki Melin on the traverso and Katherine Heater on the harpsichord.

Tuesday, March 17

"Super Aging" – Book Talk

Elise Marie Collins

What is a 'Super Ager'? In this time of population aging and increased longevity, how can one stay in excellent physical and cognitive health? In this talk, Elise Marie Collins, Yoga instructor, author and Gerontologist will discuss 10 proven ways for optimal aging and wellbeing to incorporate into your everyday life.

Tuesday, March 24

"Raise the Roof" – Documentary Screening

Artists Rick and Laura Brown are not Jewish and not Polish, and yet they set out to rebuild Gwoździec, one of the magnificent 18th-century wooden synagogues of Poland, the last of which were destroyed by Nazis during World War II. Their vision inspired hundreds of people to join them in their restoration journey. *Raise the Roof* follows the Browns and the Handhouse Studio team to Sanok, Poland, as they begin building the new Gwoździec roof.

Tuesday, March 31

All About Passover

Rabbi Daniel Isaacson

Join Rabbi Daniel Isaacson in another fascinating lecture and discussion about Passover.