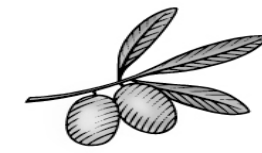


March 2020

ASSISTED LIVING



RHODA
GOLDMAN
PLAZA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 10:00 Exercise with Phil 10:30 Nails with Julia 1:00 Card Games with Eric 2:00 Tom Stahl Art Reception 3:00 Musicians of the SF Opera Orchestra 4:15 Current Events with Jim 7:00 Movie</p>	<p>2 9:00 Exercise with Caroline 10:30 Masterworks of American Art** 1:00 Bingo 2:30 Yiddish Club with Rabbi Potash 4:30 Crossword 7:00 Movie</p>	<p>3 Local Shopping 10:30 am 9:15 Tai Chi with Janet 10:30 Tigges Jewelry Repair 10:30 Cyber Fraud Presentation 1:00 Outing: CJM Levi Strauss Exhibit 1:00 Weekly Movie Committee 2:00 Matinee Movie 3:30 Painting with Kimberley 7:00 Movie</p>	<p>4 No Transportation 9:00 Klezmercize with Bruce 10:30 Musical Theater with Bruce 1:00 Activities Committee 1:00 Matinee Movie 2:00 Scrabble 3:15 Memory Loss Support Group 3:30 Tech Assistance with Julia 7:00 Movie</p>	<p>5 No Local Shopping 9:00 Exercise with Carl 10:30 Beading with Emma 1:00 Outing: Headlands Center for the Arts 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 7:00 Movie</p>	<p>6 9:00 Exercise with Caroline 10:30 TED Talk Viewing 1:00 Matinee Movie 2:00 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>7 10:00 Walking Club 10:00 Caregiver Support Group 10:30 Chair Yoga with Ilya 1:00 Tech Assistance with Oscar 1:00 Matinee Movie 1:30 Rummikub 3:30 The Marvelous Mrs. Maisel* 7:00 Movie</p>
<p>8 Daylight Savings 10:00 Exercise with Phil 1:00 Card Games with Eric 2:00 Jinzhao Xu Performance 4:15 Current Events with Jim 7:00 Movie</p>	<p>9 Erev Purim 9:00 Exercise with Caroline 10:30 Printmaking with Emma 1:00 Bingo 3:15 Masterworks of American Art** 4:30 Crossword 7:00 Movie</p>	<p>10 Purim Local Shopping 10:30 am <i>Activity Room closed 1:30-3:30 pm</i> 9:15 Tai Chi with Janet 10:15 Guided Meditation with Georgi 12:30 Outing: Nash Baroque Performance at JCCSF 3:30 Painting with Kimberley 4:00 Purim Party with YouthFirst 7:00 Movie</p>	<p>11 Shushan Purim <i>Podiatry Appointments available 11-2 pm</i> 9:00 Klezmercize with Bruce 10:30 Script Reading with Bruce 1:00 Matinee Movie 2:00 Scrabble 3:30 Facing Life's Final Chapter with Rabbi Me'irah 7:00 Movie 7:00 Blackjack with Ira</p>	<p>12 Local Shopping 2:30 pm 9:00 Exercise with Carl 10:30 John Rothmann 1:00 Outing: Muir Woods 1:30 Chair Yoga with Ilya 3:00 Matinee Movie 7:00 Movie</p>	<p>13 9:00 Exercise with Caroline 10:30 TED Talk Viewing 1:00 Greg Pond Poetry Reading 2:00 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>14 MetOpera Transportation: Der Fliegene Hollander 10:00 Walking Club 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 The Marvelous Mrs. Maisel* 7:00 Movie</p>
<p>15 Transportation: Russian Chamber Orchestra 2:45 pm Portrait Photo Sessions 10:30-1pm 10:00 Exercise with Phil 1:00 Card Games with Eric 1:00 Tech Assistance with Joel 2:00 Yakov Violin Performance 4:00 Poetry with Elizabeth 4:15 Current Events with Jim 7:00 Movie</p>	<p>16 9:00 Exercise with Caroline 10:30 Joke Telling with Len 1:00 Bingo 3:15 Masterworks of American Art** 4:30 Crossword 7:00 Movie</p>	<p>17 St. Patrick's Day Target Shopping 9:30 am 9:15 Tai Chi with Janet 11:00 Gardening with Elizabeth 11:45 Outing: Noontime Concert at Old St. Mary's Cathedral 1:00 Weekly Movie Committee 2:00 Jewish Film Festival Screening 3:30 Painting with Kimberley 4:00 Wee Bit O' Fun Social Hour 7:00 Movie</p>	<p>18 9:00 Klezmercize with Bruce 10:30 Pioneers of Dance with Georgi 1:00 Matinee Movie 2:00 Film Screening: Leaving Memel 3:15 Memory Loss Support Group 3:30 Tech Assistance with Julia 7:00 Movie</p>	<p>19 Local Shopping 2:30 pm Portrait Photo Sessions 1-3pm 9:00 Exercise with Carl 10:30 Beading with Emma 1:00 Outing: Berkeley City Club Tour 1:30 Chair Yoga with Ilya 3:00 Exotic History of Jews with Ken Blady 7:00 Movie</p>	<p>20 9:00 Exercise with Caroline 10:30 TED Talk Viewing 1:00 Matinee Movie 2:00 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>21 Local Shopping 2:30 pm 10:00 Walking Club 10:00 SPCA Visit 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 The Marvelous Mrs. Maisel* 7:00 Movie</p>
<p>22 Portrait Photo Sessions 10:30-1pm 10:00 Exercise with Phil 1:00 Card Games with Eric 2:30 Zurich Beethoven Trio 4:15 Current Events with Jim 7:00 Movie</p>	<p>23 9:00 Exercise with Caroline 10:30 Bowling with Emma 1:00 Bingo 3:15 Masterworks of American Art** 4:30 Crossword 7:00 Movie</p>	<p>24 Local Shopping 9:30 am Portrait Photo Sessions 1-3pm 9:15 Tai Chi with Janet 10:30 Sing-a-Long with Georgi 11:45 Outing: Lunch at Buckeye Roadhouse 1:00 Weekly Movie Committee 2:00 Matinee Movie 3:30 Painting with Kimberley 7:00 Movie</p>	<p>25 10:00 Met Opera Showing*** 1:00 Flowers with Georgi 2:00 Resident Council 3:30 Tech Assistance with Julia 5:00 March Birthday Dinner 7:00 Movie</p>	<p>26 Local Shopping 2:30 pm 9:00 Exercise with Carl 10:00 John Rothmann 12:30 Outing: Filoli House 1:30 Chair Yoga with Ilya 3:00 Dining Room Committee 3:00 Matinee Movie 7:00 Movie</p>	<p>27 9:00 Exercise with Caroline 10:30 TED Talk Viewing 11:00 Open Gym with a Trainer 1:00 Matinee Movie 2:00 Knitting with Melanie 4:00 Shabbat Services with Rabbi Me'irah 7:00 Movie</p>	<p>28 10:00 Walking Club 10:00 SPCA Visit 10:00 Caregiver Support Group 10:30 Chair Yoga with Ilya 1:00 Matinee Movie 1:30 Rummikub 3:30 The Marvelous Mrs. Maisel* 7:00 Movie</p>
<p>29 Portrait Photo Sessions 10:30-1pm 10:00 Exercise with Phil 1:00 Card Games with Eric 3:00 Jewish Folk Chorus 4:15 Current Events with Jim 7:00 Movie</p>	<p>30 9:00 Exercise with Caroline 10:30 Printmaking with Emma 1:00 Bingo 3:15 Masterworks of American Art** 4:30 Crossword 7:00 RGP Book Club 7:00 Movie</p>	<p>31 Local Shopping 9:30 am 9:15 Tai Chi with Janet 10:30 Creative Writing w/ Dorothy 11:45 Outing: Noontime Concert at Old St. Mary's Cathedral 1:00 Weekly Movie Committee 2:00 Matinee Movie 3:30 Painting with Kimberley 7:00 Movie</p>	<p>* Weekly Television Program Showing ** Great Courses video lecture series ***Screening of past live Met Opera Performances</p>	<p>LOCAL SHOPPING is usually Tuesdays at 10:30 am and Thursdays at 2:30 pm. To ensure the most accurate time, check in with Front Desk. Please Note: Activities and transportation are subject to change. Check <i>Today at the Plaza</i> daily for the most accurate schedule. MEDICAL VAN drop offs must be scheduled at least 24 hours in advance and are on Mondays, and Fridays. LAST MEDICAL PICK-UPS are 3:30pm, Mondays, Wednesdays and Fridays. SATURDAY TRANSPORTATION drop offs must be scheduled at least 24 hours in advance. The earliest the van leaves is at 8:40 am.</p>		