

# January 2024

## THE TERRACE



RHODA  
GOLDMAN  
PLAZA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 New Year’s Day</b> 10:00 Chair Exercises with Emma♥ 10:30 History of Ellis Island 📖 1:00 Romantic Comedy🕒 /1:1 Visits 2:00 <b>Healing Harp with Kyoko</b> ♪ 3:00 Name Game 📖 3:30 Evening Movie Vote ☹️ 3:45 Famous Firsts Trivia 📖	<b>2</b> 10:00 Stretch with Alexandra ♥ 10:30 Luna 1 Space Launch 📖 10:30 <b>Reflexology with Robin</b> 🖐️ 1:00 Documentary ☹️/Patio Visits♥ 2:00 Bingo 📖 3:00 New Year’s Sing-a-Long ♪ 4:00 Evening Movie Vote ☹️ 4:15 Volleyball ♥	<b>3</b> 10:00 Stretching with Alexandra ♥ 10:30 <b>Klezmercize with Bruce</b> ♥ 1:00 Concert Film ☹️ / Patio Visits ♥ 2:00 New Years Craft 🌀 3:30 Jewish News 📖 4:00 Evening Movie Vote ☹️ 4:15 Horseshoes ♥	<b>4</b> 10:00 VAN OUTING with Madeleine 10:00 Stretching with Alexandra ♥ 10:30 I’ve Done That Before 📖 1:00 Nature Film☹️/Walking Club♥ 2:00 State Study: Alabama 📖 3:00 <b>Music with Cami</b> ♪ 4:00 Evening Movie Vote ☹️ 4:15 Crossword Puzzle 📖	<b>5</b> 10:00 Stretching with Madeleine ♥ 10:30 National Bird Day 📖 1:00 Movie ☹️ 2:00 Balloon Volleyball ♥ 2:50 <b>Shabbat Services</b> ☆ 3:15 Evening Movie Vote ☹️ 3:30 <b>Broadway Showing</b> ♪	<b>6</b> 10:00 Stretching with Alexandra♥ 10:30 Evening Movie Vote ☹️ 10:45 Word Games 📖 1:00 Drama Film ☹️ / 1:1 Visits 2:30 Hot Tea Month 📖 3:00 Science News 📖 3:30 <b>Music with Andy</b> ♪ 4:30 What Would You Do? 📖
<b>7</b> 10:00 Sit & Be Fit with Hoa ♥ 10:30 A to Z Game 📖 1:00 Musical ☹️ 2:00 <b>Tai Chi with Janet</b> ♥ 3:00 Finish the Phrase 📖 3:30 Evening Movie Vote ☹️ 3:45 Watercolor Mandalas 🌀	<b>8</b> 10:00 Chair Exercises with Emma♥ 10:30 <b>SPCA Visit</b> ☺ 11:00 Interesting People Born In January 📖 1:00 Romantic Comedy☹️ /1:1 Visits 2:00 <b>Music with Johnny Blair</b> ♪ 3:00 Balloon Volleyball ♥ 3:30 Evening Movie Vote ☹️ 3:45 Elvis Presley Biography 📖 3:45 <b>Reflexology with Robin</b> 🖐️	<b>9</b> 10:00 Stretch with Alexandra ♥ 10:30 First Hot Air Balloon 📖 1:00 Documentary ☹️/Patio Visits♥ 2:00 <b>Chair Yoga with Karuna</b> ♥ 3:00 Famous Faces Bingo 📖 4:00 Evening Movie Vote ☹️ 4:15 A to Z Game 📖	<b>10</b> 10:00 Stretching with Madeleine ♥ 10:30 <b>Klezmercize with Bruce</b> ♥ 1:00 Concert Film ☹️ / Patio Visits ♥ 2:00 Triple Threat Trivia 📖 2:30 Pictionary 🌀 3:30 Animal Trivia 📖 4:00 Evening Movie Vote ☹️ 4:15 Horseshoes ♥	<b>11</b> 10:00 VAN OUTING with Alexandra 10:00 Stretching with Madeleine ♥ 10:30 50 States Trivia 📖 1:00 Nature Film☹️/Walking Club♥ 2:00 Grand Canyon Day 📖 3:00 Jeopardy 📖 4:00 Evening Movie Vote ☹️ 4:15 Famous SF Restaurants 📖	<b>12</b> <b>Podiatrist Appointments</b> 10:00 Stretching with Madeleine ♥ 10:30 Science News 📖 1:00 Movie ☹️ 2:00 <b>Music with Cami</b> ♪ 2:50 <b>Shabbat Services</b> ☆ 3:15 Evening Movie Vote ☹️ 3:30 <b>Broadway Showing</b> ♪	
<b>14</b> 10:00 Sit & Be Fit with Hoa ♥ 10:30 Interesting People Born In January 📖 1:00 Musical ☹️ 2:00 <b>Tai Chi with Janet</b> ♥ 3:00 Clue Trivia 📖 3:30 Evening Movie Vote ☹️ 3:45 Ink Blot Art 📖	<b>15 Martin Luther King Jr Day</b> 10:00 Chair Exercises with Emma♥ 10:30 Martin Luther King Jr Bio 📖 1:00 Romantic Comedy☹️ /1:1 Visits 2:00 <b>Music with Frank Cefalu</b> ♪ 3:00 Evening Movie Vote ☹️ 3:15 Armchair Travel: <i>Newfoundland</i> 📖 3:45 <b>Reflexology with Robin</b> 🖐️	<b>16</b> 10:00 Stretch with Alexandra ♥ 10:30 Hello Dolly Day 📖 1:00 Documentary ☹️/Patio Visits♥ 2:00 <b>Chair Yoga with Karuna</b> ♥ 3:00 Songs About NYC ♪ 4:00 Evening Movie Vote ☹️ 4:15 DOG Bingo 📖	<b>17</b> 10:00 Stretching with Madeleine ♥ 10:30 <b>Klezmercize with Bruce</b> ♥ 1:00 Concert Film ☹️ / Patio Visits♥ 2:00 Stretch with Sabrina ♥ 2:30 Crossword Puzzle 📖 3:30 <b>Medical Clown Project</b> ☺ 4:00 Evening Movie Vote ☹️ 4:15 Wheel of Fortune 📖	<b>18</b> 10:00 VAN OUTING with Madeleine 10:00 Stretching with Alexandra ♥ 10:30 Who Am I? 📖 1:00 Nature Film☹️/Walking Club♥ 2:00 Winnie the Pooh Day Trivia 📖 3:00 <b>Music with Cami</b> ♪ 4:00 Evening Movie Vote ☹️ 4:15 Countdown to the Olympics 📖	<b>19</b> 10:00 Stretching with Madeleine ♥ 10:30 Name That Tune ♪ 10:45 <b>RORYOGRAPHY!</b> ♥ 1:00 Movie ☹️ 2:00 Edgar Allen Poe Day 📖 2:50 <b>Shabbat Services</b> ☆ 3:15 Evening Movie Vote ☹️ 3:30 <b>MetOpera Showing</b> ♪	
<b>21</b> 10:00 Sit & Be Fit with Alexandra♥ 10:30 Christian Dior Biography 📖 1:00 Musical ☹️ 2:00 <b>Tai Chi with Janet</b> ♥ 3:00 Random Trivia 📖 3:30 Evening Movie Vote ☹️ 3:45 Flower Bingo 📖	<b>22</b> 10:00 Chair Exercises with Emma ♥ 10:30 <b>SPCA Visit</b> ☺ 11:00 Guess That Sound 🖐️ 1:00 Romantic Comedy☹️ /1:1 Visits 2:00 <b>Cello with Angela Lee</b> ♪ 3:00 Evening Movie Vote ☹️ 3:15 Finish the Phrase 📖 3:30 Let’s Take A Trip 🌀 3:45 <b>Reflexology with Robin</b> 🖐️	<b>23</b> 10:00 Stretch with Alexandra ♥ 10:30 Today In History; Coldest Day 📖 1:00 Documentary ☹️/Patio Visits♥ 2:00 <b>Chair Yoga with Karuna</b> ♥ 3:00 Interesting People Born This Week📖 4:00 Evening Movie Vote ☹️ 4:15 Beachball Volleyball ♥	<b>24 Erev Tu Bishvat</b> 10:00 Stretching with Madeleine ♥ 10:30 <b>Klezmercize with Bruce</b> ♥ 1:00 Concert Film ☹️ / Patio Visits ♥ 2:00 Stretching with Sabrina ♥ 2:30 Scattergories 📖 3:30 Winter Poetry 📖 4:00 Evening Movie Vote ☹️ 4:15 2024 Oscar Nominations 📖	<b>25 Tu Bishvat</b> 10:00 Stretching with Alexandra ♥ 10:30 Etta James Biography 📖 1:00 Nature Film☹️/Walking Club♥ 2:00 <b>BIRTHDAY PARTY</b> ☺ 3:00 <b>Music with Cami</b> ♪ 3:00 VAN OUTING with Madeleine 4:00 Evening Movie Vote ☹️ 4:15 Crossword Puzzle 📖	<b>26</b> 10:00 Stretching with Madeleine ♥ 10:30 Legion of Honor 📖 1:00 Movie ☹️ 2:00 Australia Day Trivia 📖 2:50 <b>Shabbat Services</b> ☆ 3:15 Evening Movie Vote ☹️ 3:30 <b>MetOpera Showing</b> ♪	
<b>28</b> 10:00 Sit & Be Fit with Hoa ♥ 10:30 Oh Baby! Trivia 📖 1:00 Musical ☹️ 2:00 <b>Tai Chi with Janet</b> ♥ 3:00 Pictionary 🌀 3:30 Evening Movie Vote ☹️ 3:45 Jackson Pollack Impressions🌀	<b>29</b> 10:00 Chair Exercises with Emma♥ 10:30 Oprah Winfrey Biography 📖 1:00 Romantic Comedy☹️ /1:1 Visits 2:00 <b>Music with Johnny Blair</b> ♪ 3:00 Evening Movie Vote ☹️ 3:15 Junk Drawer Detective 📖 3:30 Familiar Pairs Bingo 📖3:45 <b>Reflexology with Robin</b> 🖐️	<b>30</b> 10:00 Stretch with Alexandra ♥ 10:30 Trivia Day 📖 1:00 Documentary ☹️/Patio Visits♥ 2:00 <b>Chair Yoga with Karuna</b> ♥ 3:00 FDR Biography 📖 4:00 Evening Movie Vote ☹️ 4:15 Bowling Tournament ♥	<b>31</b> 10:00 Stretching with Madeleine♥ 10:30 Patriotic Sing-a-Long ♪ 1:00 Concert Film ☹️ / Patio Visits ♥ 2:00 Triple Threat Trivia 📖 2:30 Lucille Ball Biography 📖 3:30 Dog Trivia 📖 4:00 Evening Movie Vote ☹️ 4:15 New Year Resolution Reflections 📖			
						🌀 Arts/Drama/Self-Expression 📖 Cognitive 🖐️ Sensory ♪ Music ♥ Exercise/Movement ☆ Spiritual Service ☺ Special Occasion ☹️ Movie