

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
AR = Activity Room ART = Art Room L = Lobby G = 3rd Floor Gym OR = Olive Room LIB = Library GR = Game Room PDR = Private Dining Room			9:00 Klezmercize with Bruce (AR) 10:00 AWE; Art with Andrew (ART) 1:30 Walking Club (L) 2:00 April Monthly Resident Meeting (AR) 3:30 Guess the Musical (AR) 7:00 Movie (AR)	9:30 Exercise with Carl (AR) 10:30 Meditation Sitting with Don (AR) 12:00 Outing: Pier 24 Photography 1:15 Chair Yoga with Ilya (AR) 1:30 Walking Club (L) 2:30 Local Shopping (L) 2:30 Matinee Movie (AR) 3:30 Flower Arranging (ART) 7:00 Movie (AR)	9:00 Exercise with Caroline (AR) 10:00 Open Gym with a Trainer (G) 1:00 Walking Club (L) 1:30 RORYOGRAPHY! (AR) 3:30 Shabbat Services with Rabbi Me'irah (OR) 7:00 Movie (AR)	10:00 Chair Yoga with Ilya (AR) 11:00 Walking Club (L) 1:00 Movie Committee (AR) 2:30 Broadway in HD: The Woodsman (AR) 3:30 Board Games in the Cafe (LIB) 7:00 Movie (AR)
5	6 YOM HASHOAH	7	8	9	10	11
9:00 Exercise DVD (AR) 10:00 SPCA Visit (AR) 10:30 Rummikub (GR) 1:00 Yiddish Favorites, Old & New (AR) 1:30 Walking Club (L) 3:30 TV Series: Downton Abbey (AR) 4:15 Outing: Yom HaShoah Commemoration at JCCSF *transportation only* 7:00 Movie (AR)	9:00 Exercise with Caroline (AR) 11:00 Yom Hashoah Virtual Program (AR) 1:30 Walking Club (L) 1:30 Sports Talk with Hal and Friends (AR) 3:30 Bingo (AR) 7:00 Movie (AR)	9:15 Tai Chi with Janet (AR) 10:00 Local Shopping (L) 10:30 Beading and Jewelry Making (ART) 11:30 April Birthday Lunch 11:45 Outing: Noontime Concert at Old Saint Mary's Cathedral: Allegra Chapman, Piano 1:30 Walking Club (L) 2:00 Resident Volunteer Opportunity Planning (AR) 3:00 Painting with Kimberley (ART) 7:00 Movie (AR)	9:00 Klezmercize with Bruce (AR) 9:00 Shopping Delivery Requests Due 10:00 AWE; Art with Andrew (ART) 1:30 Walking Club (L) 2:00 Open Dining Committee (AR) 3:30 Current Events with Jim (AR) 7:00 Movie (AR)	9:30 Exercise with Carl (AR) 10:30 Activities Committee (ART) 12:30 Outing: Lecture at the JCCSF; Art Nouveau & Art Deco: The Quest for Beauty 1:15 Chair Yoga with Ilya (AR) 1:30 Walking Club (L) 2:30 Local Shopping (L) 2:30 Parkinson's Support Group (AR) 3:30 Flower Arranging (ART) 7:00 Movie (AR)	9:00 Exercise with Caroline (AR) 10:00 Open Gym with a Trainer (G) 1:00 Walking Club (L) 1:30 RORYOGRAPHY! (AR) 3:30 Shabbat Services with Rabbi Me'irah (OR) 7:00 Movie (AR)	10:00 Chair Yoga with Ilya (AR) 11:00 Walking Club (L) 1:30 Broadway in HD: The Taming of the Shrew (AR) 3:30 Board Games in the Cafe (LIB) 7:00 Movie (AR)
12 MOTHER'S DAY	13 YOM HAZIKHARON	14 YOM HA'ATZMA'UT	15	16	17	18
9:00 Exercise with Phil (AR) 10:00 SPCA Visit (AR) 10:30 Rummikub (GR) 1:30 Walking Club (L) 2:00 Swing Shift Trio (AR) 3:30 TV Series: Downton Abbey (AR) 7:00 Movie (AR)	9:00 Exercise with Caroline (AR) 10:30 John Rothmann Lecture (AR) 1:30 Walking Club (L) 1:30 Jewish Film Festival Screening: (AR) 3:30 Bingo (AR) 7:00 Movie (AR)	9:15 Tai Chi with Janet (AR) 10:00 Financial Scams and Older Adults-RSVP Required (OR) 10:00 Local Shopping (L) 10:30 Beading and Jewelry Making (ART) 11:45 Outing: Noontime Concert at Old Saint Mary's Cathedral: Quinteto Latino 1:30 Walking Club (L) 2:00 Met Opera Showing (AR) 3:00 Painting with Kimberley (ART) 7:00 Movie (AR)	9:00 Klezmercize with Bruce (AR) 10:00 AWE; Art with Andrew (ART) 1:30 Walking Club (L) 1:30 Brain Games with Emma (AR) 2:30 Matinee Movie (OR) 7:00 Movie (AR)	9:30 Exercise with Carl (AR) 10:30 Meditation Sitting with Don (AR) 10:30 Hospitality Committee (ART) 1:15 Chair Yoga with Ilya (AR) 1:15 Outing: Filoli Garden & Estate 1:30 Walking Club (L) 2:30 Local Shopping (L) 2:30 Matinee Movie (AR) 3:30 Flower Arranging (ART) 7:00 Movie (AR)	9:00 Exercise with Caroline (AR) 10:00 Open Gym with a Trainer (G) 1:00 Walking Club (L) 1:30 RORYOGRAPHY! (AR) 3:30 Shabbat Services with Rabbi Me'irah (OR) 7:00 Movie (AR)	10:00 Chair Yoga with Ilya (AR) 11:00 Walking Club (L) 1:00 Movie Committee (AR) 2:30 Broadway in HD: True West (AR) 3:30 Board Games in the Cafe (LIB) 7:00 Movie (AR)
19	20	21	22	23	24	25 EREV LAG BAOMER
9:00 Exercise with Phil (AR) 10:00 SPCA Visit (AR) 1:30 Walking Club (L) 2:00 Angela Lee & Partner (AR) 3:30 TV Series: Downton Abbey (AR) 7:00 Movie (AR)	9:00 Exercise with Caroline (AR) 10:30 ArtTalk: Irving Penn Docent Lecture (AR) 1:30 Walking Club (L) 1:30 Frommcast: Making Sense of Health & Illness in 21st Century (Week 1, First Half) (AR) 2:30 Matinee Movie Discussion Showing - <i>A Room With A View</i> (AR) 7:00 Movie Discussion Showing - <i>A Room with A View</i> (AR)	9:15 Tai Chi with Janet (AR) 10:00 Local Shopping (L) 10:30 Beading and Jewelry Making (ART) 1:15 Outing: de Young Museum; Irving Penn 1:30 Walking Club (L) 2:00 Met Opera Showing (AR) 3:00 Painting with Kimberley (ART) 7:00 Movie (AR)	9:00 Klezmercize with Bruce (AR) 9:00 Shopping Delivery Requests Due 10:00 AWE; Art with Andrew (ART) 11:30 RGP Book Club Lunch & Discussion (PDR) 1:30 Walking Club (L) 3:30 Current Events with Jim (AR) 7:00 Movie (AR)	9:30 Exercise with Carl (AR) 1:15 Chair Yoga with Ilya (AR) 1:15 Outing: de Young Museum; Irving Penn 1:30 Walking Club (L) 2:30 Local Shopping (L) 2:30 Parkinson's Support Group (AR) 3:30 Flower Arranging (ART) 7:00 Movie (AR)	9:00 Exercise with Caroline (AR) 10:00 Open Gym with a Trainer (G) 10:30 Movie Discussion - A Room With A View (AR) 1:00 Walking Club (L) 1:30 RORYOGRAPHY! (AR) 3:30 Shabbat Services with Rabbi Me'irah (OR) 7:00 Movie (AR)	10:00 Chair Yoga with Ilya (AR) 11:00 Walking Club (L) 2:00 Songs of Summertime: Student Performance (AR) 3:30 Board Games in the Cafe (LIB) 7:00 Movie (AR)
26 LAG BAOMER	27 MEMORIAL DAY	28	29	30	31	
9:00 Exercise with Phil (AR) 10:00 SPCA Visit (AR) 10:30 Rummikub (GR) 1:30 Walking Club (L) 2:00 COOLEY at the Piano (AR) 3:30 TV Series: Downton Abbey (AR) 7:00 Movie (AR)	9:00 Exercise with Caroline (AR) 10:30 Open Ceramics Studio (ART) 1:30 Walking Club (L) 1:30 Frommcast: Making Sense of Health & Illness in 21st Century (Week 1, Second Half) (AR) 3:30 Bingo (AR) 7:00 Movie (AR)	9:15 Tai Chi with Janet (AR) 10:00 Local Shopping (L) 10:30 Beading and Jewelry Making (ART) 11:00 Outing: Lunch at Basque Cultural Center 1:30 Walking Club (L) 2:00 Met Opera Showing (AR) 3:00 Painting with Kimberley (ART) 7:00 Movie (AR)	9:00 RORYOGRAPHY! (AR) 10:00 AWE; Art with Andrew (ART) 11:30 May Birthday Lunch (PDR) 1:30 Walking Club (L) 2:00 Monthly Resident Meeting (AR) 7:00 Movie (AR)	9:30 Exercise with Carl (AR) 10:30 Meditation Sitting with Don (AR) 1:15 Chair Yoga with Ilya (AR) 1:15 Outing: Scenic Drive: Presidio & Fort Point 1:30 Walking Club (L) 2:30 Local Shopping (L) 2:30 Matinee Movie (AR) 3:30 Flower Arranging (ART) 7:00 Movie (AR)	9:00 Exercise with Caroline (AR) 10:00 Open Gym with a Trainer (G) 1:00 Walking Club (L) 1:15 Outing: Cuddle Club at Muttville Senior Dog Rescue 1:30 RORYOGRAPHY! (AR) 3:30 Shabbat Services with Rabbi Me'irah (OR) 7:00 Movie (AR)	